



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

Coca-Cola Peninsula
Beverages



VANGATEMALL
a Tapestry of Choice



DLKGROUP
A CULTURE OF EXCELLENCE



WPA COCA-COLA LEAGUE RACE

RUN AS ONE 2025

POWERED BY NANTES ATHLETIC CLUB



WEDNESDAY
24 SEPTEMBER 2025



VANGATE MALL

START:

10KM LEAGUE RACE: 7:00

10KM LEAGUE WALK: 7:10

5KM FUN RUN: 7:15

FOR MORE INFORMATION:

Nadia Gamielien

082 747 8095

Leon Hendricks

082 411 3913



ONLINE ENTRIES:

www.webtickets.co.za

(Race entries available on the day)

Enter Now



PRIZES MALE & FEMALE

CATEGORY	1st	2nd	3rd
Junior	R500	R400	R300
Open	R750	R650	R500
40-49	R500	R400	R300
50-59	R500	R400	R300
60-69	R500	R400	R300
70+	R500	R400	R300
Open Team	4 x R200		
10km League Walk	R500	R400	R300

ENTRY FEES


(Online entries will incur an additional admin fee of R10)

Licensed Athletes	R110
Unlicensed Athletes	R170
Juniors (Licensed)	R70
Juniors (Unlicensed)	R110
70+ (Licensed)	R60
70+ (Unlicensed)	R120
5km Fun Run	R60

- **This is a WPA Coca-Cola League Race.**
- In addition to open prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their vest.
- Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- Juniors (born in 2006 or later) wearing a senior or junior licence must display category tags "J" to qualify for age group prizes.
- No personal seconding will be permitted except at official refreshment stations.
- **Time limit of the race is 2 hours.**
- The race is run in accordance to the rules of ASA and WPA.
- **Participants must be 14 years of age or older on race day in order to run this race.**
- Race numbers (bibs) will not be issued. All registered athletes must wear two (2) valid licence numbers.
- Unregistered participants must purchase a Temporary Licence, which must be worn on the front of the shirt or vest.
- Temporary licence holders, when registering, must complete and hand in the tear off strip from the number in order to be eligible to compete.
- Licenced athletes should wear club colours.
- Temporary licenced athletes must run in clothing without advertising.
- **For team prizes, athletes must be SA citizens, wear full club colours and participate with a permanent 2025 ASA licence.**
- Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize.
- Entry cards must be in the athlete's possession during the race and handed in at the results board at the finish.
- **Do not litter!**
- Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish.
- Any participants caught littering must be reported to the referees.
- The use of music players with headphones is not allowed and may result in disqualification.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- **Children under 12 participating in the Fun Run must be accompanied by an adult.**
- Detailed rules are available at www.wpa.org.za or on request from the organisers or the WPA office.


10KM

10KM




All items

Traffic Officers




All items

Traffic Cones




Cones

Untitled layer




Runners Ahead

Untitled layer

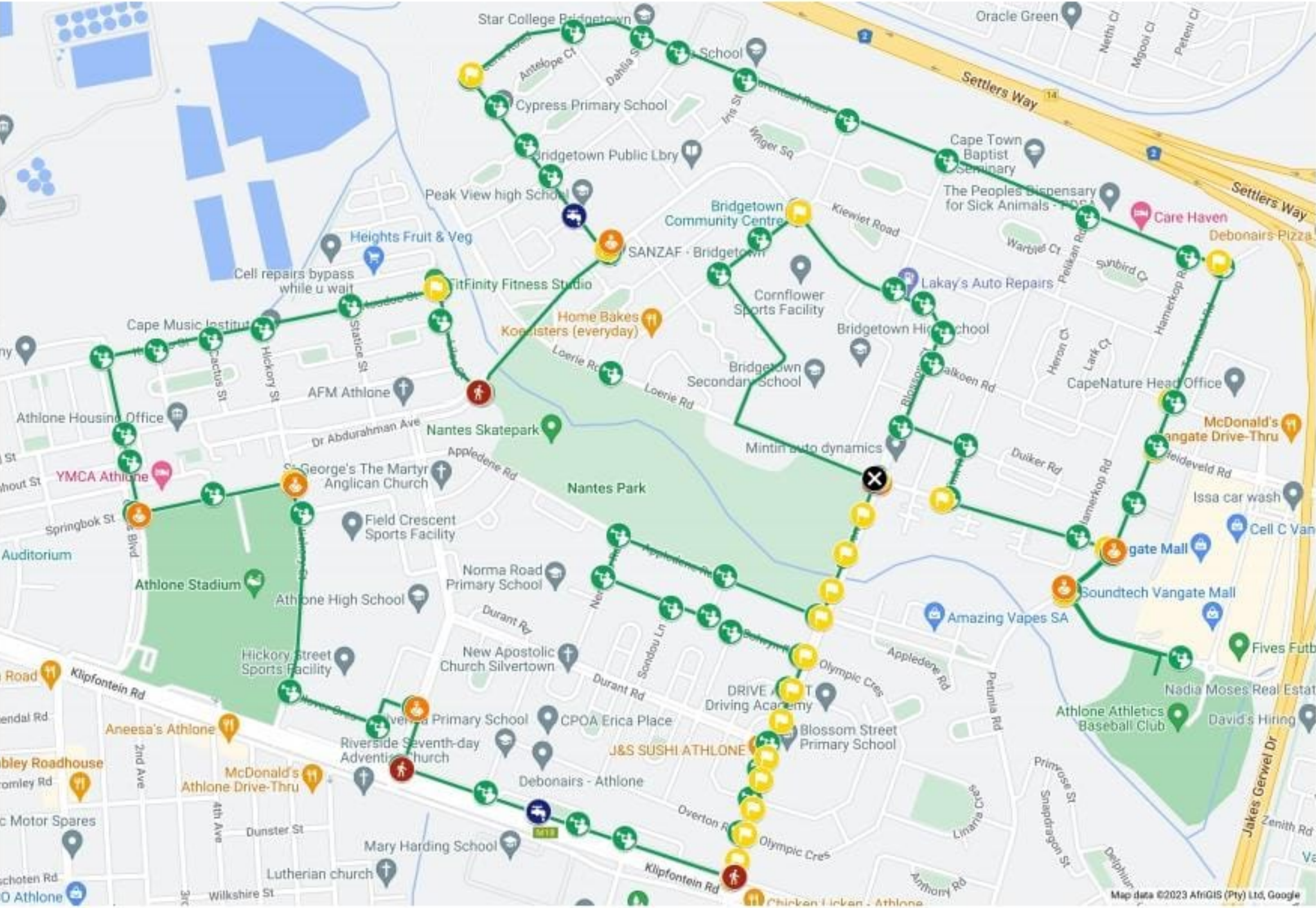


Temp Closure

Water Point



All items



Nantes AC Race - 5KM

